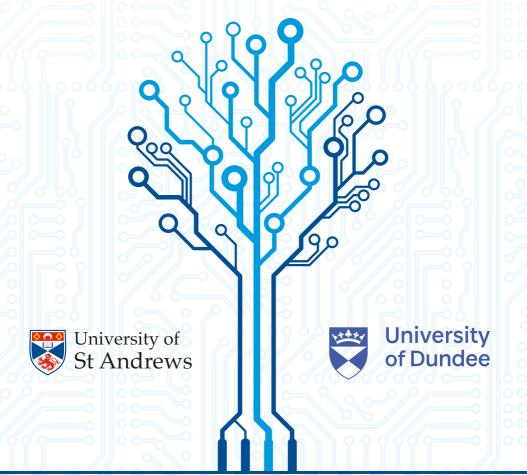
# Teaching, Research & Academic Mentoring Scheme

Leaflet



**Now recruiting** 

### Teaching, Research & Academic Mentoring Scheme

The highly successful cross-institutional mentoring scheme developed through collaboration between the University of St Andrews (OSDS) and the University of Dundee (OPD) has been running for over ten years. We are proud to now partner with Abertay University, Glasgow School of Art, the James Hutton Institute, Trinity College Dublin and Queen Margaret University, Edinburgh.

The *Teaching, Research & Academic Mentoring Scheme* pairs experienced Teaching and Research Academics (mentors) with colleagues at an earlier career stage (mentees), to provide guidance and structured support.

#### What is mentoring? Mentee Mentee and Mentor Mentor Process driven by the Protected time Advise, guide needs of the mentee Commitment Counsel, empower Confidentiality, trust Defining Support, advocate, Developmental. developmental goals encourage collaborative

# June/July August/September September October

Networking

Solutions focused

Scheme launched

Planning, action,

progressing

Apply online: http://bit.ly /sta-SUMAC

Consider your mentoring goals

State your partnership preferences

Briefing sessions

Mentees: crystallise goals prior to matching

Mentors: refresh your mentoring skills

Applications closes

Matching process

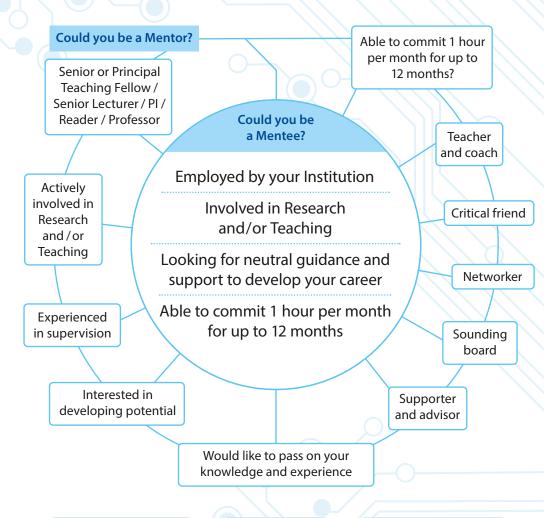
If a potential mentoring partnership can be identified a mentor / mentee match will be proposed Getting started sessions

Challenge,

question

Once pairings are agreed, all participants are invited to an informal networking session

Partnerships begin



#### **Benefits to the Mentee**

Learn from an experienced colleague

Assistance in career development planning

Gain insight, knowledge, ideas and advice

Clarify ideas and raise awareness of opportunities

#### **Mutual benefits**

Continue professional development

Develop specific skills

Extend your professional network

#### **Benefits to the Mentor**

Share knowledge and insight

Fresh perspective

Enable the next generation

Raises awareness of the challenges facing your mentee and their peers

#### Interested?

For more information visit:

St Andrews:

https://bit.ly/sta-mentor

Dundee:

https://bit.ly/dundee-TRAMS

## To sign up visit:

https://bit.ly/sta-mentor

#### Mentees

"As an early career researcher, it was incredibly helpful to be mentored by someone more experienced – thanks for the fantastic pairing!"

"My mentor is just the sort of person I was hoping for, with plenty of experience and suggestions for ways for me to develop as an academic"

"Although I would have had the same goals without the scheme, it's good to have someone to check in with, someone who is rooting for you and with whom you can celebrate victories"

#### Mentors

"The entire experience was most beneficial for me to look at a career from the other direction"

"This is a new and rewarding experience for me in terms of mentoring someone from another institution and is certainly something I will highlight in my CV as good practice"

"I see mentoring as a mutual learning experience in which I also learn about my own goal setting, career management, skills development and cross-institutional networking. I think it is a wonderful and really productive scheme"

#### Scheme coordinators

**Dr Diane Munday** University of St Andrews mentoring@st-andrews.ac.uk Eithne Graham University of Dundee mentoring@dundee.ac.uk